



The Church in Regina Weekly Newsletter

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“for life and growth in life we need the eating of the Lord”

Meeting Schedule

Lord's Table Meeting - Lord's Day
 - YWCA 9:30 - 11:30 AM
 Prayer Meeting, - Tuesday & Wednesday
 - Saints Homes 8:30 - 9:30 PM
 Small Group Meeting - Saturday evening
 - Saints Homes
 Young People's Meeting - Fridays
 - Bro. Hendrick's House 7:00-9:00PM

Upcoming Activities

July 2015 - Love Feast, July 12
 - **Children's Fun Day**,
 July 12 at Wascana Park

Aug. 2015 - Love Feast, August 9
 - Churching, TBA

Church Building

“exercise your spirit to call on the Lord, and you have to pray-read His Word—these are the healthy teachings the Lord has given us for the practice of the church life”

Seven Annual Feasts

1. International Chinese-speaking Conference - Taipei, Taiwan
February 21-22, 2015
2. International Training for elders and Responsible Ones - Anaheim, CA
March 27-29, 2015
3. Memorial Day Conference - St Louis, MO
May 22-25, 2015
4. Summer Training - Anaheim, CA
June 29 - July 4, 2015
5. ITERO - Aguas de Lindoia, Brazil
October 1-3, 2015
6. Thanksgiving Conference
Jacksonville, FL
November 26-29, 2015
7. Winter Training - Anaheim, California
Dec. 21-26, 2015

THE PRACTICALITY OF THE CHURCH LIFE (2)

2 Cor. 3:17; 2 Tim. 4:22; 1:7; 2:22; 3:16a; 4:3; 1:13; Eph. 6:17-18; Rom. 10:12; 1 Cor. 12:3, 13b; 14:31, 32

THE EATING OF JESUS

Jesus said, “I am the bread of life. He who eats Me shall also live because of Me” (John 6:35, 57). Jesus is the bread of life. Second Corinthians 3:17 says, “The Lord is the Spirit.” Jesus is the Spirit. Spirit is His substance, His essence. John 6:63 says, “It is the Spirit Who gives life.”

PURSUE WITH THOSE WHO CALL ON THE LORD

2 Timothy 2:22. It says, “Pursue righteousness, faith, love, peace with those who call on the Lord out of a pure heart.” We should pursue spiritual virtues by calling on Him out of a pure heart. The Lord Jesus is the Spirit, He is in our spirit. Our spirit is a spirit that is strong. We have to pursue with those who call on the Lord out of a pure heart by exercising our spirit.

CALLING AND PRAY-READING AS THE BEST PRACTICALITY

Romans 10:12 says, “The same Lord of all is rich to all who call upon Him.” The Lord is rich to all who call upon Him. At any time, in any kind of situation, simply call, “O Lord Jesus! O Lord Jesus!” Open yourself from your spirit, and with your mouth call, “O Lord Jesus.” It is so sweet, so refreshing, so comforting, and so enlightening. Then try the pray-reading. The fact of pray-reading is also in the Bible. Therefore, we need to receive the Word of God by prayer. Calling on the Lord and pray-reading the Bible is the best practicality for the church life.

PROPHESYING IN THE MEETINGS

1 Corinthians 14:31 does say, “You can all prophesy one by one.”... When you come to the meeting, or when you are home, or when you are in other places, say something, prophesy, for the Lord.

BROTHERLY LOVE

We must practice brotherly love (John 15:12, 17). We have to love one another; yet, our love should not be something worldly, emotional, or fleshly. It must be in the spirit, full of the life of Christ. The worldly way is to make an open show of our love or to have some self-serving purpose in our love. But the proper brotherly love in the church life has no self-serving purpose and does not make any kind of show.

NOT EXERCISING LORDSHIP

In the church no one should exercise lordship. We have the lordship but it is the lordship of the Lord Himself. We all are brothers (Matt. 23:8).

EXERCISING OBEDIENCE

We obey one another. In 1 Peter 5:5 the Bible says, “Younger men, be subject to elders.” The Bible also says, “Being subject to one another” (Eph. 5:21). Not only the younger ones are subject to the elderly ones; even the elderly ones have to learn subjection. All are subject to one another. This is the balance.

EXERCISING TO FUNCTION

We also must practice that all the members of the church are functioning members in the Body (Rom. 12:4-5; 1 Cor. 14:24-26, 31-32). It should not be that only a few are the functioning members and the rest are passive. All must be active members.

THE UNIVERSAL PRIESTHOOD

We also need to practice the universal priesthood (Rev. 1:6; 5:10), which means that every believer is a priest. In the practice of the church life, we should not have clergy or laymen, but only priests. Be a serving priest, not just a functioning member. We all must practice this.

ENDEAVORING TO BEAR FRUIT

In the church life we all need to bear fruit. The Lord Jesus said, “I chose you, and I appointed you that you should go forth and bear fruit, and that your fruit should remain” (John 15:16). All local churches must encourage every brother and sister to produce. All the saints must endeavor to bring forth fruit, even remaining fruit.

FEEDING THE LAMBS

Bearing fruit is one thing; feeding the lambs is another. We have to bear fruit, and we also have to feed the lambs.

SPREADING BY MIGRATION

The spreading of the gospel and the church life in the first century began by the migration of the saints. The going out of the apostles began from Antioch (Acts 13:2-3). Do not try to keep people. Do your best to give them for the Lord's spread. (The Speciality, Generality, and Practicality of the Church - chapter 6)

Prayer burden

1. Lord, give us the realization that You are the **heavenly bread** that came down out of heaven; the **bread of God** You are of God, sent by God and with God; the **bread of life** the eternal "zoe" life; the **living bread** which is living; and the **true bread** that You are true and real. The **reality of the food we eat daily** is You Yourself and all other kinds of food are merely shadows.
2. Lord, **Your words** are good for us to eat, and we need to eat them. Lord through Your word as our food, dispense Your riches into our inner being to nourish us that we may be **constituted with Your element**.
3. Lord, we seek You for a new beginning. We want to feed on You to constitute us with the **heavenly element**. Satisfy us, saturate us and make us a heavenly people. Lord change our diet we contact You in the Word, thoroughly occupy us Lord.
4. Lord, we want to be an **overcomer** by enjoying You as "manna" to be preserved as a **memorial** in the divine nature within us, even as a supply to us for the building of Your dwelling place.
5. Lord, everything else may change, but our experience of You will **remain in eternity**. Lord when we are in eternity, ... we shall remember how we enjoyed You and how we took You as our supply to become Your dwelling place.
6. Pray for the church in **Regina**. Pray for the **Bible distribution** in September at the University of Regina.

God desires to change our constitution by changing our diet – He wants us to eat Christ only!

Our Real Need is to Eat Christ as the Bread of Life – He is our Daily Food Supply

The Change of Diet to the Heavenly Christ as the Unique Food for God's People

Scripture Reading: Exo. 16:1-36; Num. 11:6-9; John 6:31-35, 48-51, 57-58

I. The heavenly Christ is the reality of the heavenly manna sent by God to be the daily life supply of His chosen people—John 6:31-35, 48-51, 57-58:

Christ is the heavenly bread as the bread that came down out of heaven. He is the bread of God as the One who is of God, who was sent by God, and who was with God. Christ is the bread of life as the bread with eternal life, with zoe; the bread of life refers to the **nature of the bread**, which is life; it is like the tree of life, which also is the life supply that is "good for food". He is the living bread; this refers to the **condition of the bread**, which is living. He is the true food, and all other foods are merely shadows of Him as the real food; the reality of the food that we eat daily is Jesus Christ.

II. "As the living Father has sent Me and I live because of the Father, so he who eats Me, he also shall live because of Me...It is the Spirit who gives life; the flesh profits nothing; the words which I have spoken to you are spirit and are life"—vv. 57, 63:

To eat the Lord Jesus is to receive Him into us that He may be assimilated by the regenerated new man in the way of life. We live **not by Christ** but **because of Christ** as our energizing element and supplying factor; we live Christ in His resurrection, and we live Christ by eating Him. **We eat the Lord Jesus as our spiritual food, receiving Him as the Spirit who gives life, by eating His words of spirit and life, receiving His words by means of all prayer.**

III. The deep truth in Exodus 16 is that God wants to change our diet to a diet of Christ as the real manna sent by God the Father for us to be reconstituted with Christ and to live because of Christ in order to make us God's dwelling place in the universe; there is no matter in the whole book of Exodus more crucial than this:

Although God's people had been brought out of Egypt into the wilderness of separation, they were still constituted with the element of Egypt, signifying the world; God's intention was **to change their element** by changing their diet in order to change the nature of His people; He wanted to change their being, their very constitution, to make them a heavenly people constituted and transformed with the heavenly Christ.

For forty years God gave the children of Israel nothing to eat but **manna**, this shows that God's intention in His salvation is to work Himself into the believers in Christ and to change their constitution by feeding them with Christ as their unique heavenly food, thereby qualifying them to build up the church as God's dwelling place; in fact, after being reconstituted with Christ, the believers themselves become the dwelling place of God.

On the one hand, the heavenly manna nourishes us and heals us; on the other hand, it eliminates the negative things in us. How marvelous it was that God gave the people nothing except manna; this indicates that He gave them nothing except Christ; may the Lord take away the desire and hunger for anything other than Christ!

Along with the change of diet, we need a change of appetite; the Lord Jesus said, "*Work not for the food which perishes, but for the food which abides unto eternal life*". By food, we mean anything we take into us for our satisfaction; Christ Himself is the only food that does not perish; this food abides unto eternal life. All those who have been regenerated need to change their diet for a change of appetite; God's intention is to cut off the worldly diet and to limit us to a diet of heavenly food, which is Christ.

IV. We need to see and experience the characteristics of Christ as our unique food, our daily manna, for our metabolic transformation:

Manna is a mystery. Manna is a long-term miracle; manna was sent every morning, and it had to be gathered every morning; this indicates that we cannot store up the supply of Christ but that the experience of Christ as our life supply must be daily, morning by morning; as our food, Christ will last for eternity. Manna is from heaven; on the one hand, the Lord Jesus is "*the bread out of heaven*"; on the other hand, He is "*the bread of God*," the One who came down out of heaven to be our food. Manna comes with the dew, which signifies the Lord's refreshing and watering grace brought in by His fresh compassions; grace is God reaching us to refresh us and water us. Manna comes in the morning, indicating that it gives us a new beginning through our living contact with the Lord.

V. The open manna is manna that we have not eaten, whereas the hidden manna refers to manna that we have eaten, digested, and assimilated—Rev. 2:17:

"Do not think that it is impossible for you to be an overcomer. You can become an overcomer by enjoying Christ as manna. Eat the open manna, and Christ will become the hidden manna. This hidden manna will constitute you into an overcomer". Whatever we eat, digest, and assimilate of Christ will be an eternal memorial; what we shall recall concerning Christ in eternity will have two aspects: the aspect of the enjoyment of Christ as our reconstituting element and the aspect of Christ as the supply to make us God's dwelling place in the universe.

WEEK	LORD'S TABLE ATTENDANCE	PRAYER MEETING	YP MEETING	GROUP / HOME MEETING	OFFERING
June 21 - June 27, 2015	24	11	7		\$190.00
June 28 - July 04, 2015	19	7	7		\$155.00