

CHURCH IN REGINA

“Eph. 6:17 ...Receive the helmet of salvation and the sword of the Spirit, which Spirit is the word of God”

HWMR Week 9—Reading the Book of Proverbs with a Praying Spirit So That It Will Render Us Nuggets and Gems to Strengthen Our Life of Pursuing Christ for the Fulfillment of God’s Economy

The Exercise of Our Spirit

To Fan Our Spirit

Second Timothy 1:6-7 indicates that **we need to fan our spirit into flame**. In these verses Paul says, “For which cause I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. For God has not given us a spirit of cowardice, but of power and of love and of sobermindedness...”

We have to know the background of 2 Timothy to appreciate Paul’s word here. Paul wrote this book during a difficult time for his spiritual son Timothy. Paul was in prison in Rome. Furthermore, all those in Asia had forsaken Paul’s ministry (v. 15). The churches in Asia were the main churches raised up through Paul’s ministry, but they forsook him. Timothy was there among them. If you were Timothy, how would you face the situation? People could have said to Timothy, “Why are you still following Paul? All the saints in Asia have forsaken him. Also, if God were really with him, He would rescue him from the prison in Rome.” No doubt, Timothy was discouraged. Otherwise, Paul would not have said, “For which cause I remind you...” Timothy was discouraged and had to be reminded. Paul knew that Timothy was down, and he sympathized with him. He reminded Timothy that there was still a small fire within him, which he needed to fan into flame.

At times you may suffer to such an extent that you may begin to doubt God and doubt your salvation. But regardless of how much you doubt, **one thing is within you that you cannot deny—your spirit**. You are not like a beast. You have a spirit. This spirit is a trouble to Satan. Regardless of how much work Satan has done and is still doing, there is one thing within us that he cannot touch—our spirit. We need to fan our spirit into flame.

We may say that the gift of God that we must fan into flame is a spiritual gift. But without our spirit, how could we have the gift? The spiritual gift is in our spirit. **There is fire in our regenerated spirit, which is indwelt by the Holy Spirit**. Actually, we may say that **our spirit is the fire**.

A small fire that is fanned into flame can turn into a great fire. A forest fire is an example of this. The wind fans the small fire into a great fire. If something were burning within a house, and you wanted to fan that fire, you would open the window or the door. The wind would cause the fire to burn into a flame. **The easiest way for you to fan your spirit is to open up your mouth**.

If you want to fan your spirit into flame, you need to **open up your mouth**, **open up your heart**, and **open up your spirit**. You need to open these three layers of your being. You have to use your mouth to say, “O Lord Jesus.” But then you have to go deeper by using your mouth with your heart to say, “O Lord Jesus.” Then you need to go even deeper by using your mouth with your heart and with your spirit to say, “O Lord Jesus.” This is to open up your spirit from deep within. Then the fire burns. If you are down, you should call “O Lord Jesus” again and again from deep within with the exercise of your spirit. Then you will be up.

Church Meetings:

Lord’s Table Meeting

Lord’s Day
10:00 AM - 12:00 PM

Prayer Meeting

Tuesdays
7:00 - 8:00 PM

College Meeting

Fridays
7:00 - 8:30 PM

Small Group Meeting

Fridays
7:00 - 8:30 PM

Young Peoples’ Meeting

Saturdays
7:00 - 8:30 PM

Conferences & Trainings:

International Memorial Day Conference

May 28-31, 2021

July Semiannual Training

July 5-10, 2021

October International Training for Elders & Responsible Ones

October 7-9, 2021

Contact Information:

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NEW LANGUAGE

God made
Christ
sin for us.

To Set Our Mind on the Spirit

After you fan your spirit into flame, learn to practice another thing. **Always manage your mind.** Do not let your mind be a “wild horse.” The mind is the great part of the soul, and the soul is in between our outward flesh and our inward spirit. Romans 8:6 says, “The mind set on the flesh is death, but the mind set on the spirit is life and peace.” After fanning our spirit into flame, we must **learn to set our mind on the spirit.** Our mind is very “talkative.” Our mind speaks to us everywhere at all times. If we do not control our mind, we can wander in our imagination all over the globe within a short time. We can dream in our mind even during the day. This is why we must **direct our mind to the spirit.** When we do this, we will sing to the Lord, praise the Lord, or speak forth the Lord...Do not let the mind be set on the flesh, but direct it to be set on the spirit. This **habit** has to be built up in us. To **set our mind on the flesh** is **death.** To **set our mind on the spirit** is **life and peace.**

To Discern Our Spirit From Our Soul

In Hebrews 4:12 the word **discern** is used. It says that the word of God can divide our soul from our spirit and is able to discern the thoughts and intentions of the heart. Quite often **our thoughts are deceiving.** But if we exercise our spirit, there is a discernment that our thoughts are evil, because behind our thoughts there is an evil intention. To discern the thoughts and intents of the heart equals the dividing of the soul from the spirit. **All the time you have to keep your spirit separate from your soul.** The enemy’s strategy is always to mix our spirit up with our soul. In today’s world nearly everyone is in a mixed situation. They mix up their spirit with their soul. Whenever such mixing is there, the spirit loses and the soul wins.

Actually, our person, our being, is quite complicated. We are not so simple, because we have three parts. We have the flesh, which is bad; the spirit, which is good; and the soul, which is in between. **We should always follow our spirit and walk in all things according to our spirit.** This is according to Romans 8:4. We should always **be on the alert to discern anything that is not of the spirit** but of the soul. Then we will remain in the spirit all the time. This is to exercise, to use, to employ, our spirit.

Our God-given spirit is our capital and our capacity. We have to use our spirit, to employ our spirit, and to exercise our spirit by fanning it into flame, by setting our mind on it, and by discerning it from our soul. Of course, it is easy to know what is of the flesh and what is of the spirit; but quite often it is a very mixed-up situation between what is of the soul and what is of the spirit. This is why we have to discern...

The battle in the Christian life is always there. Even within us there is a battle between the spirit and the flesh and even more between the spirit and the soul. So we have to exercise our spirit, to use our spirit, that is, to fan our spirit into flame. Then we should learn how to control our mind by setting our mind on our spirit. We should also always discern what is of the spirit and what is of the soul. **If something is not of the spirit, we do not want to say it or do it.** This is to use, to exercise, our spirit...(The Spirit with Our Spirit, Ch. 8).

Announcements:

1. Church Pursuit on May 24 at 4pm.
2. Early deadline for college training registration is on May 23 (The cost for registration is \$35USD. Please visit collegetraining.org for more information or contact one of the serving ones.)
3. International Memorial Day Blending Conference on May 28 to 31. LSM reminds us that it can take several minutes to connect to Zoom as many try to login. We are encouraged to login 15 minutes earlier to read through the verses and pray together. Login link: conf.lsmwebcast.com. The messages will be streamed promptly in each time zone according to the schedule above. Hence, if someone goes to the site late and opens the video stream, the meeting will be streamed as it is in progress at that moment. For example, if someone joins the Friday night meeting at 7:20 p.m. in his or her time zone, the stream will commence 20 minutes into the meeting, not from the beginning. Therefore, **we will need to be on time for all the meetings** just as we would in a live, physical conference.

> Message 1—May 28, Friday at 7pm	> Message 4—May 30 at 10am
> Message 2—May 29, Saturday at 10am	> Message 5—May 30 at 7pm
> Message 3—May 29, Saturday at 7pm	> Message 6—May 31 at 7pm
4. Brothers’ Meeting on May 30 at 6pm.
5. LSM is offering a digital newsletter. If you would like to subscribe and see the inaugural issue, please visit <https://newsletters.lsm.org/having-this-ministry/issues/May2021-001/newsletter.html>.

Prayer Burdens:

1. Guard us from cultivating and building our natural integrity apart from You. We want to be persons who are according to Your attributes. Fill us to be Your expression, not an expression of human perfection.
2. Lord, we lift up our hand unto Your word, receive it and say Amen to it. Thank You for Your words that are spirit and are life. Keep us seeking after You that we may gain You. Fill us to be Your full expression.
3. Renew us in the spirit of our mind, that we may receive nourishment and enlightenment when coming to Your Word. We put off the natural way to study the Word and instead exercise our spirit everyday in contacting You through the Word.
4. Lord, uplift our pray-reading. Save us from any form of routine. We want to inhale Your exhaled Words that it may become spirit and life to us. May we touch the Word by the new man, praying and petitioning at every time in spirit.
5. Lord, help us discern between our spirit and our soul. In coming to Your word, may we learn the habit of exercising our spirit, fanning it into flame and setting our mind in our spirit. Make us God-seekers instead of law-keepers.
6. Make us persons who love You and seek after You. Increase our faith by turning the written word into the living word. May this living word also become the applied word in all our situations.

Other Burdens:

1. Pray for the 2021 International Memorial Day Blending Conference on May 28 to 31. May the Lord's timely speaking in this conference supply and burden all the saints to cooperate with Him for His present move.

Church in Regina:

1. Goal of 50 meeting ones by end of 2021. Synchronized prayer for our contacts every day.
2. Strengthen and preserve our families. May we all open ourselves to You that You may continue to work in us, change our Egyptian diet and reconstitute us with the heavenly diet. Use every opportunity to reveal to us that You are our unique diet for the fulfillment of Your purpose.
3. Pray for Aitong Liu's immigration application. Select them in Your time that they may also come here, be saved, see the church and be Your testimony.